



What's in the Box?

Understanding Trauma &
Positive Behaviour Strategies

Professional development for anyone working with children or young people who have experienced complex trauma.

The **What's in the Box? Understanding Trauma & Positive Behaviour Support Strategies** training program assists workers and carers in social & community services, schools, out of home care, health services, youth justice etc. to understand & meet the needs of children, young people & adults who have experienced complex trauma.

Workers and carers need a toolbox of 'trauma-informed' strategies which starts with knowledge of the impact of trauma on brain development & the psychobiology of trauma. Based on this understanding, workers & carers will recognise the need for well-developed skills in using a range of positive behaviour support strategies which avoid re-traumatisation and assist a child, young person or adult to heal from trauma, in their homes, schools and the community.

Learning Outcomes:

1. Define complex trauma.
2. Discuss the impact of trauma on brain development and memory.
3. Understand the relationship between complex trauma in early childhood and behaviours and emotional responses.
4. Explain trauma re-enactment and the importance of safe environments & relationships.
5. Apply a range of positive behaviour support strategies suited to supporting children, young people and adults.

DETAILS

Date: September 22nd 2017
(1 Day Course)

Time: 9:30am - 3:30pm

Price: \$215.00 plus GST

Venue: JD Hardie Centre
Cottier Drive
South Hedland

Book online at www.karenhulls.com.au

****Price Includes; Learner Workbook, Powerpoint slides and USB containing additional reading. Tea, coffee, biscuits and a light sandwich & fruit lunch will be provided (please email us if you have special dietary requirements).***



Karen Hulls Training Location

JD Hardie Centre
Cottier Drive
South Hedland



Free Parking Provided